## **©CDM**PLUS® | MY CARE PLAN



## **Chronic Care**

My Care Plan - Chronic Care will help you to:

- · Self-manage your chronic conditions
- Keep track of medical appointments
- · Document your health history and medicines
- · Record your observations and goals



The customisable escalation plan helps you and your care team create a clear action plan for what to do when you are becoming unwell.

> Contact @CDMPLUS® Call 1800 549 769 or email admin@cdmplus.com.au to discuss how we can help with your Chronic Care







